



Dear Youth Sports Participant and Parent:

Welcome to the City of El Cajon Recreation Department where our mission is to “Developing Youth, Support Families and Provide Safe Places!” Here is what you and your child can expect when participating in our Youth Sports Program:

- Learning fundamentals in a safe, fun, positive and supportive environment
- Becoming physically fit
- Recreation Department coaches that role model respect for self, teammates, coaches, and game officials
- Opportunity for equal play and participation
- Focus on personal and team improvement as opposed to winning
- Making the game a fun experience for everyone

It is important that all participants and parents be familiar with our youth sports goals and league information prior to the first practice. It is our expectation that parents assist with the success of our program by understanding and sharing in these youth sports goals. We thank you for your participation and support!

### **About the Youth Sports League**

Our ten-week instructional league will provide recreation level instruction and play. Trained recreation leaders will provide instruction and coaching. No special uniform or equipment is necessary. Acceptable shoes are gym and/or tennis shoes. Your child will not be allowed to wear hats, visors or jewelry while participating in the youth sports program, so it's best to leave these items at home. Staff cannot be responsible for any personal belongings. Participants, parents, and spectators are required to conduct themselves in an orderly manner in order that all participants have a safe and enjoyable experience. Failure to do so may result in a player sitting out of a practice or game or a spectator/parent being asked to leave. Parents will be contacted if poor behavior persists.

Whether you are new to the game or already play, this should be a fun time where children can make friends, learn new skills, and have fun with their team. Thank you for joining us!

Sincerely,

The Youth Sports Staff  
City of El Cajon Recreation Department